

We're fostering support for the LGBTQ+ community by establishing safe spaces for fellowship, education, and awareness. We aim to develop programs and activities that empower individuals to prioritize their holistic health, providing supportive services and linkages.

## OUR PROGRAM & SERVICES

### Out of the Box Discussions

This forum serves as a peer-driven platform for open discussions on various daily matters related to holistic health. It progresses through several phases: Phase 1, "Man in the Mirror"; Phase 2, "Young, Black, and Successful"; Phase 3, "Demasking"; Phase 4, "Destigmatize and Humanize"; Phase 5, "We are..."; and Phase 6, "Renaissance/Rebirth".

### Mentors of Color

Originally conceived as an advisory board of peers, the initiative has since transformed into a platform where peers acquire certifications in clinical interventions identical to those of healthcare providers and advocates. This equips peers with profound insights, enabling them to effectively disseminate crucial information among their peers, bridging potential gaps in communication between public health authorities. Moreover, participants undergo state-sponsored testing and counseling training to further enhance their skill set in this domain.

### Out of the Box Retreat

The retreat functions as a condensed version of the curriculum covered in the monthly sessions, providing an opportunity for individuals who may have missed sessions or wish to delve deeper with their peers. It offers a chance to momentarily escape the demands of daily life, fostering unity and awareness over a weekend. Additionally, it serves as a means of recharging and realignment. Participants are offered accommodations and meals to facilitate their attendance at the retreat.

### Building Rental

Rental of the building is available.

### Health Screenings

It is advisable to undergo STI screenings for HIV/AIDS, HEP C, and syphilis at least once or twice a year. Upon receiving test results, we provide linkage to care and referrals for further assistance.

### Mental Health

Employing a trauma-informed care model, we offer mental health screenings, evaluations, therapeutic counseling, psychoeducation, and supportive services to community members facing heightened risks and in dire need of assistance. All individuals undergoing mental health screenings will receive information regarding local mental health providers.

### Research

"J-RISE" Relevant Implementation Strategies to Eliminate the social and structural barriers associated with the HIV community. Services extended to Black men who have sex with men, that seek Justice. This is a five (5) year study.

### Professional Development

Professional development refers to activities or programs designed to enhance and expand the knowledge, skills, and capabilities of individuals in their respective fields or professions. These activities can include workshops, seminars, conferences, courses, on-the-job training, certifications, mentoring, and networking opportunities. Professional development aims to help individuals improve their performance, advance their careers, stay current with industry trends, and adapt to changes in their professional environment.

### Personal Development

The ultimate goal of professional development is to support continuous learning, growth, and advancement within one's chosen field or profession.

